

Danville Jiu Jitsu Wrestling & Kickboxing

Calendarpedia
Your source for calendars

One on One Lessons can be scheduled during an Non Class time www.danvillejiujitsu.com

Effective 03/24/17 - classes and times subject to change. Follow our Facebook page for additional open mat times

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am						Ladies JJ
9:30 am	Muay Thai Kickboxing		Muay Thai Kickboxing		Muay Thai Kickboxing	
10:00am						Muay Thai Kickboxing
11:00am	Adult Jiu Jitsu		Adult Jiu Jitsu No Gi		Adult Jiu Jitsu	
11:30 am		Adult Drilling				
12:15				Cardio Fitness Kickboxing		
4:00 pm	No Gi 4 - 6 years	Kids Jiu Jitsu 4 - 6 years	Teen No Gi 12 & up	Kids Jiu Jitsu 4 - 6 years		
5:00 pm	No Gi 7 - 10 years	Kids Jiu Jitsu 7 - 10 years	No Gi 6 - 8 years	Kids Jiu Jitsu 7 - 10 years		
6:00 pm	No Gi 11 & up	Kids Jiu Jitsu 11 & up	No Gi 9 - 11 years	Kids Jiu Jitsu 11 & up	Muay Thai Kickboxing	
7:15 pm	Adult Jiu Jitsu No Gi	Adult Jiu Jitsu	Adult Jiu Jitsu No Gi	Adult Jiu Jitsu		